



NEWSLETTER

Issue 7 January 2009



"Improving Water Safety Through High Quality Swimming Tuition"

www.heatherbradburyswimming.co.uk

Welcome to the Spring term - I hope you all had a good Christmas! Heather Bradbury Swimming had an exciting year in 2008, we provided swimming lessons to a number of primary schools in the Borough along with the top-up swimming programme for the whole of South Solihull. We have even been asked to do the same again this year! I hope you have an enjoyable term's swimming, please don't hesitate to contact me if there is anything you need to know.

Heather

Heather Bradbury Swimming provides swimming lessons across Solihull Borough to over 1,100 children and adults every week. The current range of activities is -

- 3+ years** - preliminary lessons - no parent needed in water - building water confidence and independence ready for full lessons - maximum 6 children per class.
- 4+ years** - Regular weekly lessons for sustained development - maximum 8 per class.
- Elite Junior Health and Fit** - for children who have excelled through regular lessons.
- Adults** - Beginner to competent swimmer.
- Schools** - Top-up, intensive and weekly lessons for schools in Solihull.
- Intensive courses** - Daily Lessons for children during the summer holidays.

Don't forget - full details are on the web site including lesson times, term dates and any special announcements. www.heatherbradburyswimming.co.uk

We are looking for someone to help us organise and run the Go-Kart parties. This can mostly be done from home, we provide all the equipment, a very attractive t-shirt and full back-up. If you are interested in helping to make a child's birthday special (and earning a bit of extra money in the process) please give the office a call.

News Corner

From January we are streamlining our awards structure to concentrate on the ASA awards which will give a much clearer understanding of progress. This uses the National Plan for Teaching Swimming (NPTS) which is a nationally recognised awards scheme. An up-to-date tracker form will soon be available from me at St Martin's or teachers at other pools. We are also now an ASA registered Swim School.



Featured pool - St Martin's

St Martin's is a purpose built 25m teaching pool with a deep end of 2m catering for beginners to advanced swimmers. A wide variety of lessons are taught here including Life Saving, Elite Groups and adult lessons.



We have opened up a new class at Streetsbrook School for 3 year-olds on a Friday at 4:00. If you are interested please contact Carol in the office. We have also opened up new beginner classes and still have a few vacancies at various pools through the week.

A big thank-you to all our parents who park considerately when bringing children to lessons - we do appreciate it can be difficult to find a space after school times. Please make sure you park inside a space and respect the grounds of the schools we use.

Elite Health & Fit Class

Our Elite group runs on Wednesday and Friday evenings at St Martin's. It is aimed at children who are good swimmers, want to keep fit and enjoy their swimming but are not ready to commit to the rigours of a full Swimming Club. We put on specialised events, last term this was a Synchronised Swimming class taken by a teacher who used to compete at National level. Everyone enjoyed this experience. We have also had Water Polo and Lifesaving classes running alongside normal lessons.

If anyone is interested in finding out more please contact the office.

Don't forget, we also have **adult swimming lessons** on Wednesday nights - perfect to improve your confidence in the water and who knows? Perhaps it might help get rid of some of the Christmas over-indulgence!

We cater for everyone from complete beginners, even aquaphobes, right through to competent swimmers and fitness fanatics. By the way, no children are allowed!!!

Welcome to our new staff -

Brian Benton Teacher
Beryl Waters Teacher
Deborah Jennings Teacher
James Blackburn Teacher
Jonathan Hotchkiss Teacher
Kirsten Dutton Teacher
Sally Fleming Teacher
Timothy Mayled Teacher
Jack Benton Assistant
Rebecca Mills Assistant
Laura Tandy Assistant

Goodbye & good luck to -

Ellie Benton Gone to University
Will Crews Gone to University
Sue Brailsford
Tom Jenkins
David Oliver (not really left us but doesn't have a regular class any more)

And Welcome back to -

Lorraine James Back after her knee replacement

And finally...

We need to know if your child has any medical conditions or other factors that may affect them during swimming lessons. This is so we can make sure the teachers can take any necessary precautions or prepare special equipment etc.

Could all parents please make sure we have an up-to-date mobile number so that we can send out text alerts if there is ever a problem with a pool or lessons have to be called off for any other reason.

As always, would drivers please take extra care when driving to pools and in car parks, as with the lighter evenings, it is more likely that children will be playing outside and on roads leading up to schools. Thank-you!

Could all swimmers and parents please remove outdoor shoes before going in to the changing rooms, there has been a fair bit of mud trodden in over the last couple of months and we don't want this to be transferred into the pool area!

Please keep to the designated pathways at St Martin's School, and only park in the Park Avenue car park.

Heather Bradbury Swimming - phone 01564 783 351 fax 01564 785 890

The Shambles, Warwick Road, Chadwick End, Solihull, West Midlands, B93 OBU

heather@heatherbradburyswimming.co.uk

